

## **Action Learning Coach Individual Reflection**

*Instructions: On your own think about the questions below and jot down your answers.*

1. What skills, behaviors, and knowledge are essential for an effective action learning coach?
2. Describe behaviors that would make an action learning coach ineffective?
3. What individual strengths to you bring to the role of the action learning coach?
4. Where might you need to stretch your abilities or leverage the strengths of others on your team?