How to Get Started

Contact one of our executive coaching coordinators to begin a powerful journey, resulting in your increased effectiveness and impact:

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THE OHIO STATE UNIVERSITY **Medical Center**

Excellence to Eminence through

Executive Coaching

About Executive Coaching

Achieving eminence requires extraordinary leaders. A key component of Ohio State's talent strategy is developing leaders through executive coaching.

Coaching is a process to enhance individual and organizational performance. Coaches partner with senior leaders in a thought-provoking, positively challenging and creative process that inspires them to expand abilities to achieve results.

Coaching needs could include:

- communicating effectively
- fostering trust
- inspiring others
- developing talent
- strategic thinking and execution
- managing meetings
- embracing conflict
- presentation skills
- preparing for new roles/
  responsibilities

Executive coaching services have been designed and developed especially for University and Medical Center leaders, directly aligned with the University's aspiration of creating and sustaining a high-performance culture.

Several highly qualified and experienced external coaches who are familiar with the University's strategic goals, values and business have been interviewed and selected to be in our coaching pool.

A consistent hourly fee has been negotiated with all coaches. The amount of time for each coaching experience will vary and be determined in collaboration with the coach and leader.

Coaching is available to all senior and high-potential leaders in the University and Medical Center.

Coaching Process

Small changes can make a big difference. Important shifts in thinking and behavior can produce big changes in performance and results.

Here's how the process works:

1. Coordinator receives request for coaching
2. Request is matched with potential coach
3. Coach meets with leader, sets goals and time frame
4. Coaching begins; progress is tracked
5. Assess progress; renegotiate work