

Generic Daily Schedule

Date	XXX - Session Leader
8:30-9:00	Opening - reflection, review, comments from previous week
9:00-10:30	Theory to Practice
10:30-10:45	Break
10:45-12:00	Book Presentations
12:00-1:00	Lunch
1:00-2:00	Self-Understanding
2:00-2:15	Break
2:15-4:00	University presentation – VP Areas
4:00-4:30	Wrap-up – comments, assignments for the next session