



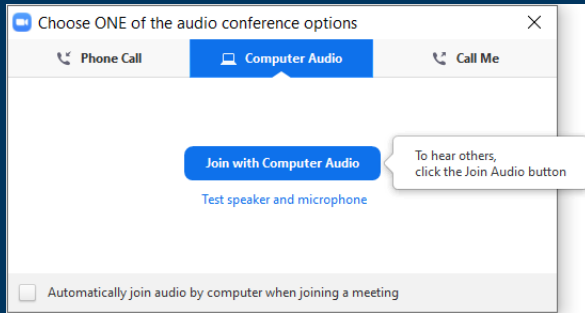
# Responding to COVID-19

Critical Lessons on the COVID Crisis from Northshore School District

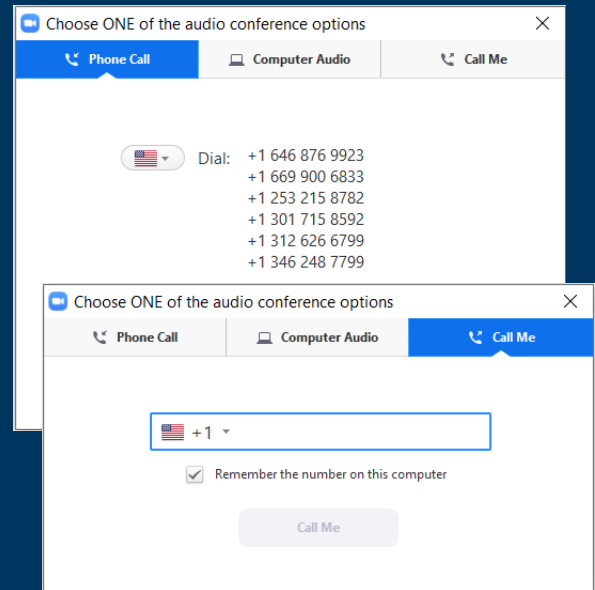
April 23, 2020

# Audio Options in Zoom

1 Use your computer's audio and microphone through Zoom

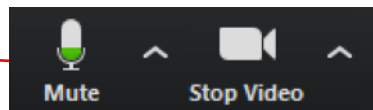


2 Dial in using your phone

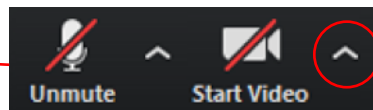


X Do not do both – it will cause feedback

# Audio Mute/UnMute & Video Stop/Start



You are live.  
Everyone can hear you.  
Everyone can see you



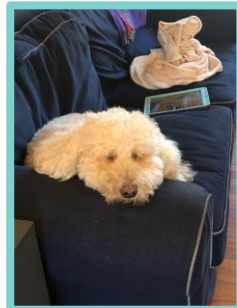
You are not live.  
You are muted.  
Your video is turned off.

Clicking the Up arrow next to the Mic and Camera icon at any time during the meeting will provide you with audio and video options.

# A Few Helpful Hints

1. Always remember to mute your mic when you're not speaking. This reduces background noise and feedback.
2. Turn off non-essential software that may be using the internet while you are in a Zoom meeting.
3. Be aware of your location's bandwidth. Too many devices connected to your Wifi can slow Zoom. Consider disconnecting smart phones, tablets, etc. while in the Zoom meeting
4. If your internet connection becomes unstable, disable your webcam (stop video) and enable only when you need to speak.
5. No apologies necessary for the appearance of 'co-workers' or when life otherwise interrupts.

*(My four-legged office-mate)*



# Access EAB's Support Resources Now

## COVID-19 Resource Center

Support your school through the coronavirus crisis  
K-12 resource center

1. Near from EAB's Experts

2. How EAB can help

3. Near from EAB K-12 experts

Our [resource center](#) provides quick access to what major public health organizations, education associations, and other institutions are doing to respond to the crisis.

## Northshore School District (WA)

Northshore School District  
Early Childhood

Individual Services

Specialized Services

Home Learning Resources

Early Childhood

Northshore school district is a 23,577 student district north of Seattle, WA.

Northshore closed on March 5<sup>th</sup> and transitioned to online instruction March 9<sup>th</sup>.

Northshore's [online learning plan](#) provides guidance for appropriate time and activities for all students P-12.

## Tech-Enabled Mental Health Support

Technical solutions for improving access to mental health support for K-12 students during the COVID-19 outbreak and beyond

What greater role can technology play in mental health support?

1. Mobile apps and AI-powered mental health support

Our [expert insight](#) provides guidance on using technology to provide mental health services during and after COVID-19, including:

- Best practices from EAB's study [Responding to the Adolescent Mental Health Crisis](#)
- Supplementary [state policy](#) and [discussion](#) resources



## Northshore School District

Northshore School District is a K-12 district located in Bothell, WA; about 20 miles north-east of Seattle. Northshore was among the first in the Seattle area to switch to online instruction and has been profiled in the [New York Times](#) for their early efforts to make this unprecedented switch.



- **23,577 Students**
  - **American Indian/Alaskan Native 0.3%**
  - **Asian 20.3%**
  - **Pacific Islander 0.2%**
  - **Black 2.1%**
  - **Hispanic/Latino 12.4%**
  - **Two or More Races 8.8%**
  - **White 56.1%**
  - **Free or Reduced-Price Meals 14.8%**
  - **Special Education 14.0%**
  - **Transitional Bilingual 8.2%**
- **94 Languages Spoken**

# Joining Us Today: Dr. Michelle Reid, Ed.D.



Dr. Michelle Reid is now serving in her 39th year in K-12 education. She was named superintendent of the Northshore School District in June 2016, and is former superintendent of the South Kitsap School District.

Prior to that, she served as deputy superintendent, district athletic director and high school principal in the Port Angeles School District.

She has also served as a leadership facilitator at the University of Washington Center for Educational Leadership and the Harvard Institute for School Leadership. Dr. Reid received her doctorate in Educational Leadership and her master's in Educational Administration from the University of Washington.

She received her bachelor's degree in Natural Science/Chemistry from the University of Puget Sound.

Support your school through the coronavirus crisis

1. Bookmark these pages for the latest official information about the coronavirus.
2. Use EAB research and resources to support your school's response to coronavirus.
3. Reference peer policies and other guidance when developing response plans.
4. Use these peer examples to help communicate coronavirus information.

## 2. Use EAB research and resources to support your school's response to coronavirus

Most of these resources were not created specifically for infectious disease outbreak responses. That said, many of our existing resources can complement, supplement, and inform a variety of crisis response, planning, and mitigation efforts. Explore the three topic areas below.

**NEW** Support student success during instructional disruption

Provide transparent and timely communication.

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Support your school through the coronavirus crisis

1. Bookmark these pages for the latest official information about the coronavirus.
2. Use EAB research and resources to support your school's response to coronavirus.
3. Reference peer policies and other guidance when developing response plans.
4. Use these peer examples to help communicate coronavirus information.
5. Read the coronavirus responses from the major education associations.
6. Find Department of Education resources by state.

## 4. Use these peer examples to help communicate coronavirus information

### Websites

Independent Schools	School Districts
<ul style="list-style-type: none"><li>- NEW Castilleja School</li><li>- Lakeside School</li><li>- NEW National Cathedral School</li><li>- NEW The College Preparatory School</li><li>- The Episcopal Academy</li></ul>	<ul style="list-style-type: none"><li>- Cypress Fairbanks Independent School District</li><li>- NEW Halton School District Board</li><li>- NEW Paulding County School District</li><li>- Renton School District</li><li>- San Jose Unified School District</li><li>- West Windsor-Plainsboro Regional School District</li></ul>

### Direct Communication

Independent Schools	School Districts
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Regional and global information hubs, relevant EAB research and resources, responses from major education associations help partners stay up to date and make informed decisions.

District specific examples of comprehensive websites, direct communication, and social media messaging help partners navigate varied communication needs.



**To Learn More:**  
[eab.com/K12covid19response](https://eab.com/K12covid19response)



# Keep the Conversation Going

Connect with Peers on our K-12 Discussion Board



Invitation email was sent to all main points of contact on **Friday, March 20<sup>th</sup>**. Please email **Pete Talbot** ([ptalbot@eab.com](mailto:ptalbot@eab.com)) if you or one of your team members needs to be added to the discussion forum.

## 1 Access Link in Your Email




## 2 Create a log-in



## 3 Join the Conversation



EAB Research (EABResearch) invited you to join discuss.eab.com

 EAB Discussion Forum <eabdiscussions@discoursemail.com>  
To: Richards, Rebecca

EXTERNAL

EAB Research (EABResearch) invited you to join



**EAB Discussion Forum**

A meeting ground for EAB discussion boards across forums

If you're interested, click the link below:

<https://discuss.eab.com/invites/622ef26df4a00ca9428f696fad903ef4>

Welcome to EAB Discussion Forum!

 You were invited by:  
 EABResearch

**Username**  
 ✓ Your username is available  
unique, no spaces, short

**Name**  
  
your full name (optional)

**Set Password**  
 ✓ Your password looks good.  
at least 10 characters (optional)

Welcome to EAB Discussions!

This is a meeting ground for EAB discussions across forums where partners can engage with our content expert thinking about. We believe in civilized community behavior at all times so please make sure to review our guide.

Below, you will find the discussion boards to which you have been invited to attend. This will serve as your home within to post and reply to a variety of topics hosted by EAB experts and partner institutions.

Let's discuss!

Latest Top

Topic

**# About the EAB K12 Coronavirus Discussion Board**

The EAB Coronavirus Discussion Board is a space created for partner institutions to engage in conversations regarding responses to the COVID-19 outbreak. EAB is closely monitoring the outbreak and its impact to all of o... read more

Independent School Executive Forum Discussions

District Leadership Forum Discussions

# Upcoming Virtual Roundtables

Mark Your Calendars for These K-12 Working Sessions



**Supporting the Mental Wellness of Teachers: A Discussion with the Founder and CEO of Happy Teacher Revolution**

*Question and Answer with Happy Teacher Revolution's Danna Thomas*



*Thursday, April 30<sup>th</sup> at 2 p.m. ET*



**Serving English Language Learners Through Distance Learning**

*A Conversation with Dr. Lindsay Meeker, Director of the English Learner Program at Community Unit School District 200*



*Friday, May 1<sup>st</sup> at 10 a.m. ET*



**How Districts Can Get the Most Impact from CARES Act Funds**

*Executive Overview of the CARES Act and Strategies for Creatively Focusing on Critical Instructional and Health Priorities*



*Wednesday, May 6<sup>th</sup> from 2 - 4 p.m. ET*



# Join Our May 5<sup>th</sup> Virtual Meeting on Mental Health

## Addressing Mental Health and Wellness During the COVID-19 Crisis

The anxiety of these unprecedented times is taking its toll and creating **significant mental health challenges for students and staff alike**. This virtual session will explore the following concerns:



**Identifying students and staff** with emerging mental health concerns



Optimizing the use of **tele-mental health** and other technologies



Addressing **teacher burnout and stress**



Preparing for potential **mental health needs when school reconvenes**



Join us on **May 5<sup>th</sup> from 1:00- 3:00 pm ET.**  
**REGISTER** by contacting your relationship manager