Cheat Sheet: Sustain Academic Progress in an A/B Hybrid Classroom

▶ High-quality teachers of A/B hybrid classrooms make two strategic choices: 1) they deliver direct instruction through asynchronous video, and 2) they reserve in-person time for review, facilitated practice, and targeted support. This maximizes in-person time for feedback and metacognition, which research show as critical for deep learning and long-term memory retention.

▶ There are 4 steps teachers can take to master these strategies during A/B hybrid instruction:

▶ **Step 1: Prioritize High-Value Lessons**
Effective A/B teachers are hyper-critical of the content they teach in the limited time they have with students. Prioritize the most important skills and content using EAB's Lesson Prioritization Checklist to score lessons based on 10 research-based criteria. Alternatively, audit your year-long curricula using EAB's full Curricula Prioritization Tool.

▶ **Step 2: Teach New Content in Short Asynchronous Videos**
Instead of using valuable in-person time for direct instruction, deliver new content through short videos. Follow these 3 instructional video-making tips from A/B educators:

   a) Limit YouTube searches to 15 minutes.

   b) Use familiar video conferencing tools like Zoom or Google Meet

   c) Cut video length to students' age +2 minutes

▶ **Step 3: Scaffold Videos with Engagement & Accountability Checks**
Blend your instructional video into a series of research-based learning tasks—rather than assigning the video by itself—to maximize the number of students who watch and complete their asynchronous work. Avoid starting from scratch when planning asynchronous work by using EAB's Asynchronous Lesson Template. This lesson template provides prompts for transferring a traditional lesson into an effective asynchronous format supported by engagement and accountability checks.

▶ **Step 4: Reserve 75% of In-Person Time for Targeted Support & Practice**
Use valuable in-person time to bolster student understanding of learned content and provide ample opportunity for review, targeted support, and feedback. Refer to the sample class schedule below to ensure the majority of in-person learning time is spent on processing and practice activities.

Time	Activity
5 min	Well-being check
10 min	Whole-class review of asynchronous lesson
40 min	Processing & practice activities: - Interactive modeling sessions - Small group rotations - 1:1 coaching - Facilitated class discussions - Collaborative activities
5 min	Preview next day's activities

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