

Craft Your Mental Health Strategy

Positively Impact Mental Health at Your Institution

Instructions: Fall 2021 Academic Year Calendar Exercise

Planning Outreach & Interventions With Mental Health In Mind

Exercise Overview: During this breakout time, work in a small group to reimagine your institution's campaign/intervention calendar. A campaign/intervention calendar is the collection of key outreach and support opportunities performed by faculty and staff to either (A) ensure students have the right information at the right time to execute on pivotal milestones, (B) identify students in need of support and connect them with resources at key parts of a term, or (C) both.

After this exercise, you will walk away with a solid foundation of what a 2021-22 Academic Year campaign/intervention calendar could look like for your institution. We recommend sharing what you put together with members of your Navigate Leadership Team and your Strategic Leader.

Note: you may have immense experience or no experience putting together a campaign/intervention calendar. Either is okay! The goal is for your group to work collaboratively and share best practices and ideas from across each of your campuses to catalyze your planning for the summer.

Considerations for each campaign/intervention:

- Activity What is going to occur? What needs to happen?
- Proactive Is there a proactive action that can happen prior to this student milestone?
- Reactive What is the reactive component or action connected to this milestone?
- Resolution What is the ideal outcome for students at this milestone?

Breakout Instructions

1. Kickoff your breakout by going around the group and introducing yourselves. Please share your

- Go to:
 <u>https://eab.com/eve</u>
 <u>nt/navigate-virtual-</u>
 <u>summit-2021/</u>
- We will also share the worksheet in the chat for easy access
- Once there, download the "Fall 2021 Academic Year Calendar Exercise"





Introduce Yourselves

Start your breakout by going around the virtual room and sharing a bit about yourself and your work.



Give Everyone a Chance to Speak

Be sure each group member has a chance to share.



Don't Be Afraid of Silence

With an exercise like the one you will be completing, be sure to take time to silently read, think, and write down ideas.



Let the Conversation Evolve

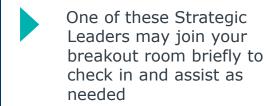
Is your group starting to discuss a question or topic that isn't technically included in the exercise? That's ok! This is time for you all to discuss whatever is most helpful and interesting.



Chase Vogel



Lindsay Schappell

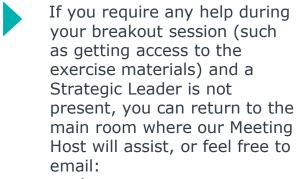




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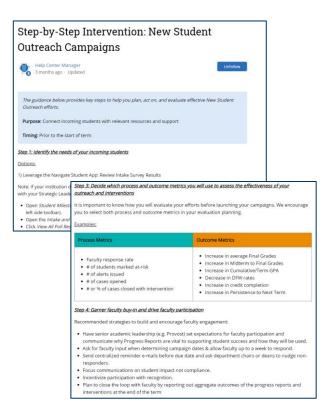
Matt Mustard

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Let's share what we discussed in our breakout sessions!

Resource: Intervention Step-by-Step Guides

- Did you know the Navigate Help Center has step-by-step guides on how to complete the following interventions?
 - New Student Outreach Campaigns
 - Proactive Academic Support Campaigns
 - Progress Report Campaigns
 - Re-Enrollment & Multimodal Outreach
- Log into the Help Center via the "?" icon in Navigate, then go to "Strategic Resources", then "Toolkits & Guides"

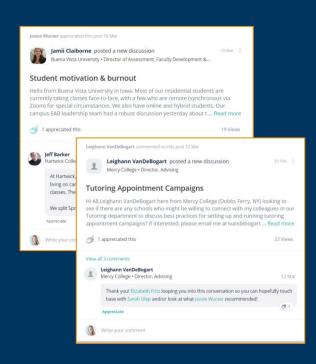


Don't Forget About the Community!

Be sure you've signed into the Community (networking.eab.com) to explore the great content, especially in the Private School Group.

We'll be posting a follow-up prompt in that Group after the Summit and can't wait to see your responses!

Please share your thoughts, questions, and wins with your colleagues, to help us stay connected year-round.



Final Thoughts

Please take a moment to answer this final poll question to provide your overall experience on today's session.

We have also shared a link to a short online evaluation in the **Chat** and we would appreciate if you could take 2-3 minutes to give us additional feedback on your experience today.

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