

EXECUTIVE BRIEFING

# Adapting Student Career Development for the Gen Z Era

Critical Investments To Distinguish Your Institution from Alternative Options



## Table of Contents

Executive Summary
1. Making Career Development an Institutional Priority 4
2. Providing Industry-Focused Education
3. Articulate a Clear Career Payoff to Prospects
4. Prepare Students to Thrive Across the College-to-Career Journey
5. Build Social Capital to Level the Playing Field for Underserved Students
Conclusion

## **Executive Summary**

#### Gen Z Prioritises Career Outcomes and "Life Success" in Their Enrolment Decisions

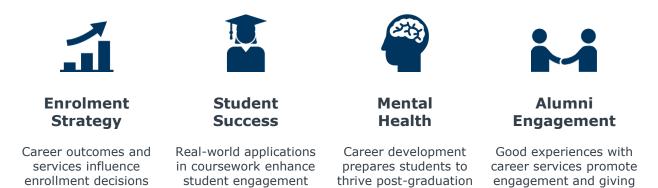
Across the coming decade, universities will be forced to confront growing challenges, such as intensified competition for students with ever-greater needs and expectations. University leaders must recognise that Gen Z students considering whether to enrol in HE are increasingly concerned about "life success", which includes traditional measures like job security but also fulfilment and an overall sense of thriving. All too often, HE leaders delegate student career development and outcomes entirely to the campus career centre. Career centres alone, however, cannot meet these demands, especially with staffing shortages and limited financial resources. Career development not only needs to be embedded across the university experience, but it also requires strategic direction and focused attention from cabinet leaders.

#### Status Quo Career Services Not Producing Desired Outcomes

Despite evolving student needs and rapidly changing workplaces, university career development has remained relatively the same across the last decade. As a result, alumni are increasingly underemployed and dissatisfied, often regretting their academic decisions due to universities not meeting their career needs. As HE outcome measures fail to show student successes, prospective students and their families are more seriously weighing the cost of attending university against its perceived return on investment.

#### **Ignoring Career Development Has Mission-Critical Consequences**

EAB research illustrates a trend that HE writ large has been hesitant to embrace: career development is essential to student success and the university experience. The status quo approach, however, is no longer sufficient. Students want and need more than resume workshops, career counselling, career fairs, and mock interviews. Because student career outcomes affect mission-critical priorities around enrolment, student success, mental health, and alumni engagement, cabinet leaders can't afford to take a passive approach to these emerging concerns.



#### Critical Investments in Career Development to Make Your Institution Distinctive

Rather, they must provide leadership and investment across key dimensions of career development to better meet student needs and fulfil the university's mission. Those dimensions are (1) provide industry-focused education, (2) articulate a clear career payoff to prospective students (3) prepare students to thrive across the university-to-career journey, and (4) build social capital to level the playing field for underserved students.

## Is HE to Blame for Graduates' Failure to Launch?

Life After Graduation More Unstable, Unpredictable than in the Past Unfortunately, the outcomes for recent graduates suggest that HE is often failing those who do enrol. A rising number of degree holders regret their academic decisions. The reason being:

- 22% | Of graduates in the UK are not using their degree in their current employment
  50% | Nearly half of US university graduates ages 22 to 27 are underemployed
  30% | Almost 30% of graduates in Australia can't find a job due to lack of work experience or jobs in their expertise in their region
- 47% | Of underemployed workers in New Zealand are 20-34 years old

Three-quarters of US Gen-Z professionals are considering changing jobs in the next year, 91% of UK Gen-Z are stressed at their jobs, and only 76% of Gen-Z Australians are happy with their job prospects.

For graduates from underserved backgrounds, the outcomes are also worrying. Only 30% of low-income or first-infamily students secure a well-paying first job or enter graduate school, and Pakistani and Bangladeshi graduates are 12% more likely to be unemployed than their white peers.

While inflation and the hypercompetitive job market have certainly contributed to these outcomes, many recent graduates blame their universities for inadequately preparing them for the workforce.

**Status Quo Services** Some Changes to **Efficacy of Services Career Services Under Scrutiny Hanging On** Top Activities at Career Centers<sup>1</sup> With Reporting Lines and Budget Across Stakeholder Groups 90% Of institutions have career services reporting to VPSAs Of students feel they Providing resume & cover letter support 33% 14% received good advice from career centers Of institutions merged academic & career advising in Student Affairs Of alumni feel their Advising students on career options 10% 15% 30% alma mater provided helpful career advice 26% Increase in career center budgets between 2019 and 2023 Of business leaders 15% Offering students job search strategy 11% feel colleges prepare students for success

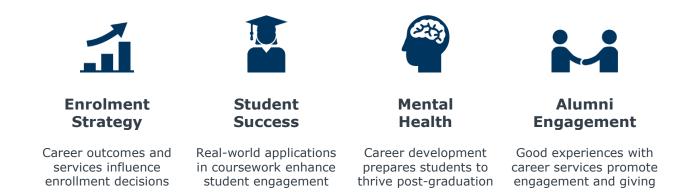
For decades, bachelor's degree holders had a competitive advantage in the job market, often resulting in economic mobility. However, as the economic landscape has drastically changed, career development has not kept pace. As a result, current students, alumni, and employers alike are questioning the value of university more than ever before.

Source: Schaeffer, "<u>10 Facts about Today's College Graduates</u>," Pew Research Center, April 2022. Smith, "<u>Gen Z and Millennials Are Leading</u> <u>'the Big Quit' in 2023</u>," CMBC, January 2023. Hatfield, "Young Adults in the U.S. Are Less Likely than Those in Most of Europe to Live in Their <u>Parents Home</u>," Pew Research Center, May 2023; "<u>Black Workers Endure Persistent Racial Disparities in Employment Outcomes</u>," Economic Policy Institute, August 2023. Alonso, "<u>Career Centers Get a Makeover</u>," *Inside Higher Ed*, June 2023; 2020 National Alumni Career Mobility <u>Survey</u>; Capranos, D., Magda, A. J. "Closing the skills gap 2023: Employer perspectives on educating the post-pandemic workforce," *Wiley*; FAB interviews and analysis.

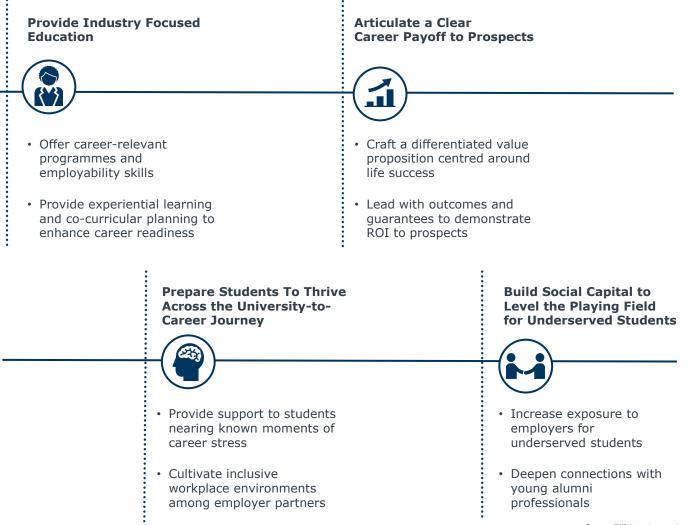
## Investments to Make HE Distinct

### Why Cabinet Leaders Must Focus on Student Career Development

Because student career outcomes affect mission-critical priorities around enrolment, student success, mental health, and alumni engagement, cabinet leaders can't afford to take a passive approach to these emerging concerns.



To reclaim the ROI narrative and ensure the success of their graduates, universities must invest in three critical dimensions of career development. Those dimensions are (1) provide industry-focused education, (2) articulate a clear career payoff to prospective students (3) prepare students to thrive across the university-to-career journey, and (4) build social capital to level the playing field for underserved students.



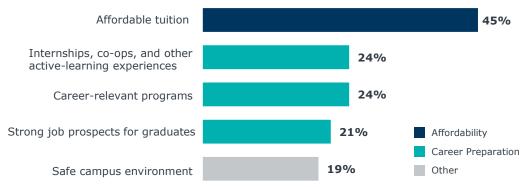
## Status Quo Career Offerings are No Longer Enough

### Everyone Does Experiential Learning. What Makes Your Institution Distinctive?

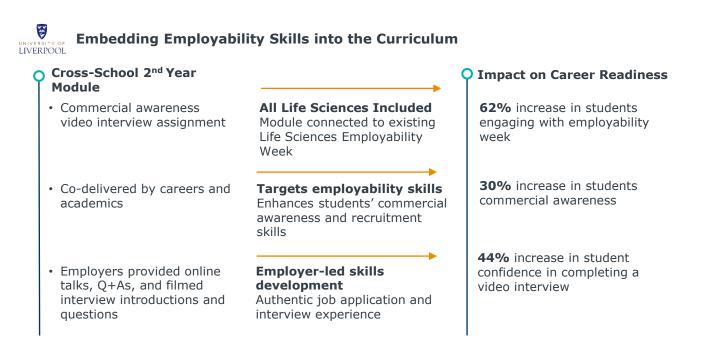
With so many graduates across the globe unemployed or underemployed, offering a list on the careers page of short opt-in unpaid internships where the student makes tea or poster will not cut it anymore. Career support such as industry-focused teaching and learning, guaranteed internship funding, facilitating industry exposure, or career counselling beyond graduation can be powerful tools in making that argument. However, many institutions do not make a strong enough case for what makes them distinctive.

#### **Career Opportunities Heavily Influence Students' Search**

*Top 5 Responses to, "What are you looking for in your college experience?" in EAB Communication Preferences Survey* n=20,324



By now, virtually every university strategic plan refers to experiential learning as part of their career development strategy. Some institutions have gone a step further, promising funding for at least one internship during a student's time on campus. But even these types of guarantees are becoming baseline requirements. In an increasingly competitive environment for students, every institution must articulate the "unique DNA" in their career development strategy. Highlighted below is one example of a UK institution embedding employability skills such as commercial awareness and recruitment skills into the curriculum.



Source: Gillian O'Brien and Darren Siggers, "Employer input to curriculum and assessment," How to Enable the Employability of University Graduates (Cheltenham: Edward Elgar Publishing, 2023); EAB interviews and analysis .

## **Connecting Campus Experiences to Careers**

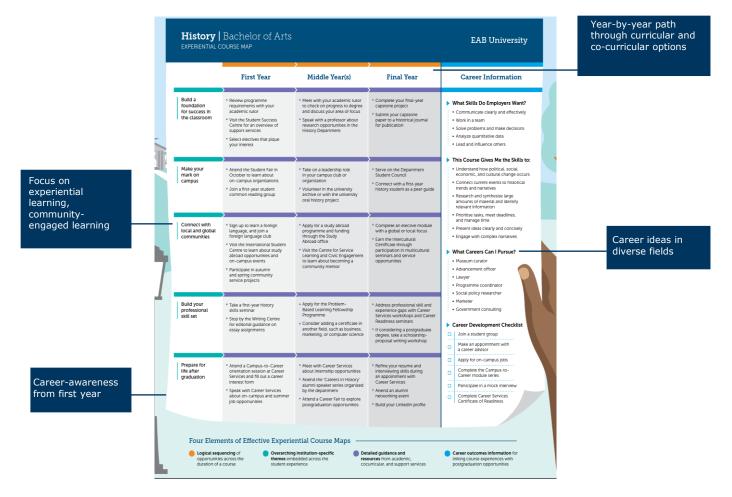
### Map Extra-Curriculars and Experiential Learning for Career Readiness

Most programme heads can describe how the academic components of a course of study fit together. However department-generated plans often fail to communicate to students the many learning opportunities outside of the classroom that contribute to their overall career readiness and subsequent career confidence.

Similarly, too few students proactively plan their university experience in light of their professional and academic goals, especially as first years. Even fewer students incorporate co-curricular activities into these plans. Providing students with information on the co-curricular opportunities available and where they fit into a student's progress towards graduation helps students understand which opportunities are the best fit for their goals

Experiential course maps offer a solution. They help students see their university experience as a journey in which they are in the driver's seat. They prompt students to make informed coursework decisions, become involved with local and global communities, consider diverse career pathways, and remain engaged in career exploration or career preparation at critical moments along the path to a degree and their desired post-graduation destination.

#### Build Your Own Experiential Course Maps<sup>1</sup>

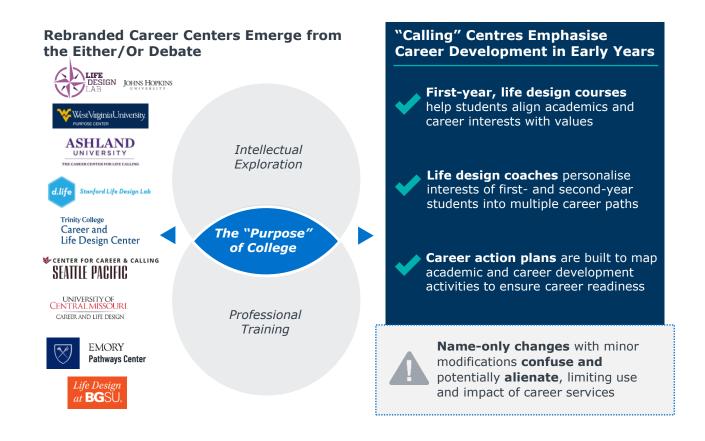


 Adapted from Queen's University in Canada's major maps

## Adapting to Gen Z's Focus on Career and "Life Success"

### The Rise of "Calling" Centres to Address Both Intellectual and Career Exploration

As experiential learning has become table stakes, the discourse has now shifted to how pronounced these industry experiences will be in a student's academic career. The either/or debate surrounding career development is dominated by two schools of thought around the primary goal of higher ed: intellectual exploration or professional training. As more institutions search for a middle ground, concepts like "calling" and "life design" centres are emerging from the debate. The goal is to integrate the models, structures, organisations, and services that help balance intellectual and career experiences throughout the student life cycle.



## **Investing in Career Differentiators to Stand Out**

### Moving Beyond Status Quo Offerings for Transformative Career Commitments

To really stand out, institutions also need to articulate and invest in competitive advantages in the career space that go far beyond an array of experiential learning options and on-the-job experiences.

While internship stipends and employer project simulations can signal a commitment to job and economic mobility, it's a drop in the bucket if university leaders don't scale these commitments and embed them into broader institutional strategy. To do that, leaders must identify and build out career development "differentiators" that are distinctive to their institution. These initiatives must not only be accessible to all students but also be clearly articulated and attractive to prospective students and their families.

#### **Differentiators to Demonstrate Your Commitment to Career**

Status Quo	Get in the Game	Transformational Efforts
Uneven Access to Experiential Learning (EL): Some, but not all, subjects offer EL and students must seek them out.	<u>Guaranteed Internship</u> <u>Funding</u> : Compensate students for their EL opportunities in industry.	Trade-In for Credential: Offer free graduate certificates to unemployed alumni.
Career Services for Alumni: Graduates can access job boards and career workshops after graduation.	Last-Mile Support: Coach unemployed alumni into well-paying job opportunities.	<u>Master's or Loan Pay</u> : Offer loan payments or free graduate degrees for unemployed graduates.

#### Central Queensland University's "Trade-In" Option Helps Alumni Find Work in Industry

### Struggle to Launch

 Recent alumni fail to find employment within their discipline within six months of graduation **Free Certificate** 

- CQU offers free graduate certificate in Leadership & Entrepreneurship
- Program entirely online
- Recent grads have 12 months to complete





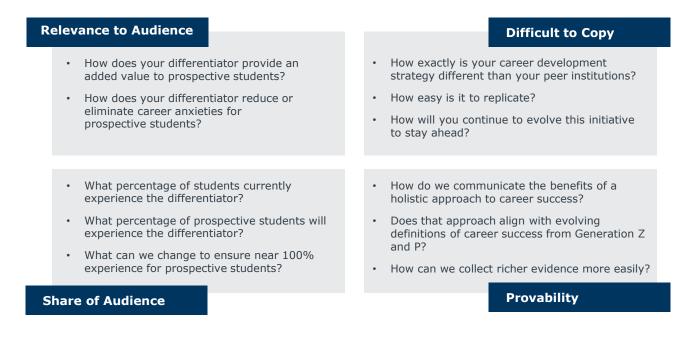
 Graduates better positioned to get a job within their discipline with an additional credential



## Future-Proofing Your Career Value Proposition

### Regularly Stress Test Differentiators to Ensure Your Institution is Distinctive

To do this exercise effectively, university leaders must pressure test their career development differentiators and critically assess how they share, market, and communicate these commitments with prospective students and their families.



This can't be a one-off exercise. Leaders must stress test their differentiators and analyse data on a periodic basis to identify trends and redesign services to better meet the career goals of prospective students. Only then will higher ed demonstrate its value and standout amongst the alternative pathways to career.

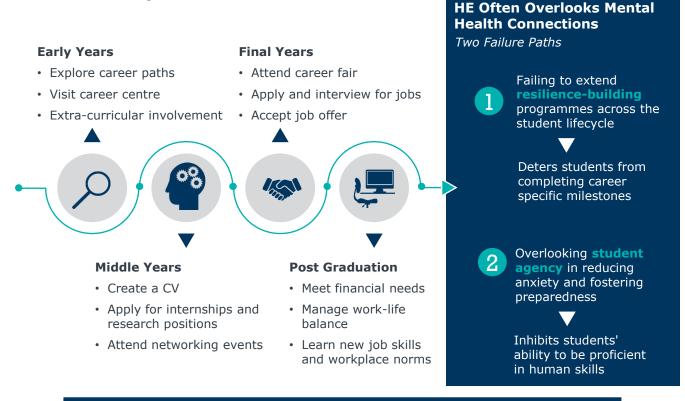
## Helping Gen Z Succeed in the Workplace Transition

### Overlooking HE's Role in Enhancing Mental Health and Career Wellness

The transition from higher ed to the workforce has long been recognised as a high-stress period for students. A new Handshake survey reports that 80% of recent graduates experienced burnout throughout the university, and most expect those feelings to carry over into their careers. What's more, the volatile state of today's economy only makes it worse.

As the class of 2023 entered their final year, <u>early projections</u> showed that employers were planning on hiring more new graduates than the previous class. However, by spring graduation, employers' hiring plans cooled and job openings contracted, causing graduating students considerable stress and anxiety, which can spill over into the workforce and ultimately impact job satisfaction.

The competition for job openings globally is increasing, in the UK there was a 36% increase in the number of applications per applicant before landing a job, and in New Zealand, applications for job openings increased by 11% in 2023. Unfortunately, universities often overlook the connection between mental health and career success, missing critical opportunities to improve long-term outcomes for students. As part of their student success initiatives, universities must play a bigger role here, especially since career decision-making is among the top stressors for the current generation of students.



#### Where to Go from Here

<u>Just-In-Time Resilience Support</u>: Provide career exploration courses and resilience tips for students to ease anxieties.

<u>Career Confidence Bootcamps</u>: Build-in career workshops with alumni into the second-year experience for students to learn about career adversity and non-linear career pathways.

<u>Real-Time Responses to Evolving Needs</u>: Provide workshops on managing imposter syndrome, burnout, and stress for upper-level students.

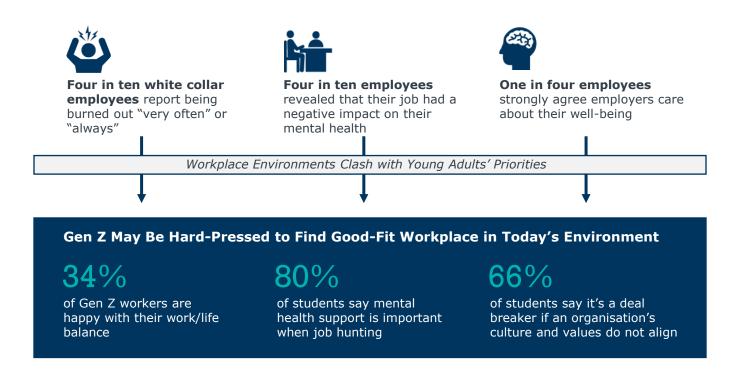
<u>Self-Service Student Career Planning</u>: Facilitate autonomy for students by providing career decision-making action steps throughout the academic lifecycle.

Source: "The Class of 2024 sets their sights on the future", Handshake, August 2023. "Employers Expect Hiring to Be up 3.9%, but Lower than Fall Projections for Class of 2023," NACE, August 2023. New Zealand jobs ads dip as applications per posting hit record high, HRD, 31 August 2023; ; Some slack has returned to labor markets, but workers continue to hold power, LinkedIn, April 2023 EAB interviews and analysis.

## Recent Grads Prioritise Well-Being in the Workplace

### A Growing Expectations Gap between Employers and Gen Z

In a sharp contrast to earlier generations, today's graduates are actively seeking job opportunities that align with their values, one of which is prioritising mental health. While the pandemic shone a spotlight on mental health and well-being in the workplace, many employers haven't made significant long-term investments in this space. As a result, alumni are increasingly burnt out and dissatisfied. Until now, few HE leaders have viewed this expectations gap as their responsibility.



However, universities are in a unique position to influence workplace environments. While most institutions leverage employer partnerships for career fairs and internship or apprenticeship programmes, a handful of progressive institutions are going much further. These universities are working collaboratively with cohorts of local employers to build better workplaces, creating environments designed to foster well-being and success for their new graduates and alumni.

## Collaborate with Employers to Build Inclusive Spaces...

### ...Where New Graduates Can Flourish

Employers are witnessing more attrition, particularly with employees from underserved backgrounds, than in years past. A recent report by Mine Share Partners indicates that LGBTQ+, Black, and Latinx workers, like Gen Z, are not only more likely to suffer from mental health symptoms than their peers but also leave roles because of it, making mental health an important EDI issue.

To combat this challenge, the University of Birmingham facilitates a 3-month reverse mentoring programme, engaging cohorts of employers to foster the development of inclusive workplaces. The programme involves students and recent graduates providing insights on employer-selected challenges (i.e., diversity and inclusion agendas, wider engagement and recruitment initiatives). It facilitates a more equal relationship between students and employees, thereby lessening the anxiety students face when approaching employers. Over 25 local and national employers have participated, and over 60% of students who were part of the programme have entered graduate-level jobs.



<u>"</u>

*Companies bring a current challenge* 

- Engages underrepresented students in the process
- Students assigned to tackle the issue
- Students visit company offices to meet mentors and give recommendations



Establishes Recruitment Pipeline

- New policies make workplaces more appealing to students
- Employers develop a strategy for recruiting diverse talent from University of Birmingham

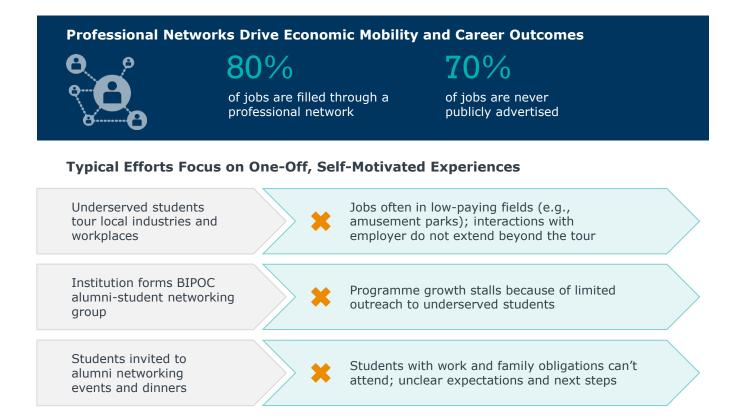
Source: "2021 Mental Health at Work Report", Mine Share Partners, Oct 2021. Greenwood, "It's a New Era for Mental Health at Work", Harvard Business Review, Oct 2021. University of Birmingham, Reverse Mentoring with Local University Students/ Graduates EAB interviews and analysis.

## Leaving Professional Networking to Chance

### Current Opportunities and Programmes Rarely Focus on Building Social Capital

Social capital is typically defined as a network of social and professional contacts helping individuals navigate institutions. For students, this involves activating one's network for internship and job opportunities as well as learning the written and unwritten rules of professional workplaces. Social capital is especially important given most jobs are filled through networks.

However, underserved students often lack an expansive list of contacts or – put simply – are network poor. Making matters worse, most university mentorship programmes and networking events leave professional connections up to chance. Underserved students often end up with random and haphazard interactions because of either poor matching criteria, misaligned goals, or unclear expectations.



## Uncovering the Unwritten Rules with Alumni Help

### Structured Professional Network Building Grows Social Capital

Rather than relying on networking programmes that place the burden on individual students, institutions must adopt a more structured approach to facilitate meaningful interactions and relationships with relevant professionals and industry gatekeepers. For many underserved students, industry exposure is limited to engagement with recruiters. However, university leaders must ensure these students have access to immersive industry experiences that include opportunities to work on projects on-site, connect with professionals in their field, and build valuable social capital.

University of Edinburgh's Insights Programme takes the industry tour to the next level. Rather than a one- or twoday event, Edinburgh hosts a five-day 'local' experience touring alumni workplaces in central Scotland and a weeklong 'global insights' programme for students to visit alumni in major cities around the globe. These trips are fully funded for underserved student populations. In addition to the tours and networking experiences, the Insights Programme includes onsite projects to help students develop relevant industry skills.



#### THE UNIVERSITY of EDINBURGH

#### Local Insights

2-5 day experience in central Scotland, with small groups of students visiting alumni in key sectors



#### **Global Insights**

Full week of experiences in key cities across the world, with small groups of students visiting alumni in global business locations

#### **Targeting Underrepresented Students**

.....

Partnership with "Widening Participation<sup>1</sup>" team, international office, and career services ensures a cost-free experience for diverse students

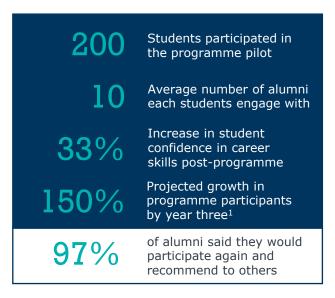


## A Mutually Beneficial Relationship

### In-Field Experiences Yield Significant Returns for Students and Alumni

University of Edinburgh students who participate in the Insights Programme gain industry expertise and professional relationships leading to increased confidence in their career journey. Even though Insights Programme began less than five years ago, Edinburgh has seen exponential growth in participation. And it's not just students who are enthusiastic about the offering, alumni get just as much out of the experience. After imparting industry knowledge and easing career anxieties, alumni are happy to not only continue their involvement in the Insights Programme but also recommend it to their network.

#### Edinburgh's Work-Based Learning Programme Delivers High Impact Results



"I learned about the worries students had about climbing the career ladder and the impact that their choice of study programme might have on their career direction and future prospects. **Allaying those fears, on the basis of my own experience, was a reward in itself.**"

> Alumnus, Insights Programme THE UNIVERSITY of EDINBURGH

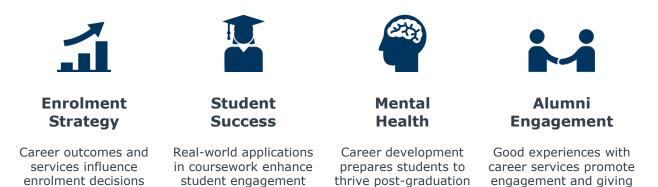


## Conclusion

### University Leaders Can't Afford to Be Complacent with Career Development

To date, career development has been countercyclical with attention and investment from HE leaders surging during times of economic downturns and dwindling when the job market stabilises. Despite growing student dissatisfaction and questions around ROI, the core set of career development services, such as resume writing and career fairs, remains the same.

Increasingly, university leaders must reckon with the fact that career services and HE fail to consistently address Generation Z's primary concern: thriving in career and life. In today's climate, the expectation of prospective students is higher than ever before. Failing to evolve from the traditional suite of career services puts an institution's enrolment strategy, student success goals, and alumni engagement initiatives at risk.



As a result, university leaders can't afford to be complacent in addressing concerns around career development and student outcomes.

To help institutions tangibly address the priorities of Generation Z, EAB research highlights how university leaders must tackle critical dimensions of career development (1) provide industry-focused education, (2) articulate a clear career payoff to prospective students, (3) prepare students to thrive across the university-to-career journey, and (4) build social capital to level the playing field for underserved students.

#### Project Director

Joe Infantino

#### Contributing Consultants

Brigid Crowley Joshua Ddamulira Anna Dolder Rachel Wallace

**Executive Director** 

Liz Rothenberg, PhD

#### Legal Caveat

EAB Global, Inc. ("EAB") has made efforts to verify the accuracy of the information it provides to partners. This report relies on data obtained from many sources, however, and EAB cannot guarantee the accuracy of the information provided or any analysis based thereon. In addition, neither EAB nor any of its affiliates (each, an "EAB Organization") is in the business of giving legal, accounting, or other professional advice, and its reports should not be construed as professional advice. In particular, partners should not rely on any legal commentary in this report as a basis for action, or assume that any tactics described herein would be permitted by applicable law or appropriate for a given partner's situation. Partners are advised to consult with appropriate professionals concerning legal, tax, or accounting officers, directors, employees, or agents shall be liable for any claims, liabilities, or expenses relating to (a) any errors or omissions in this report, whether caused by any EAB Organization, or any of their respective employees or agents, or sources or other third parties, (b) any recommendation by any EAB Organization, or (c) failure of partner and its employees and agents to abide by the terms set forth herein.

EAB is a registered trademark of EAB Global, Inc. in the United States and other countries. Partners are not permitted to use these trademarks, or any other trademark, product name, service name, trade name, and logo of any EAB Organization without prior written consent of EAB. Other trademarks, product names, service names, trade names, and logos used within these pages are the property of their respective holders. Use of other company trademarks, product names, service names, trade names, and logos or images of the same does not necessarily constitute (a) an endorsement by such company of an EAB Organization and its products and services, or (b) an endorsement of the company or its products or services by an EAB Organization. No EAB Organization is affiliated with any such company.

#### IMPORTANT: Please read the following.

EAB has prepared this report for the exclusive use of its partners. Each partner acknowledges and agrees that this report and the information contained herein (collectively, the "Report") are confidential and proprietary to EAB. By accepting delivery of this Report, each partner agrees to abide by the terms as stated herein, including the following:

- All right, title, and interest in and to this Report is owned by an EAB Organization. Except as stated herein, no right, license, permission, or interest of any kind in this Report is intended to be given, transferred to, or acquired by a partner. Each partner is authorized to use this Report only to the extent expressly authorized herein.
- Each partner shall not sell, license, republish, distribute, or post online or otherwise this Report, in part or in whole. Each partner shall not disseminate or permit the use of, and shall take reasonable precautions to prevent such dissemination or use of, this Report by (a) any of its employees and agents (except as stated below), or (b) any third party.
- 3. Each partner may make this Report available solely to those of its employees and agents who (a) are registered for the workshop or program of which this Report is a part, (b) require access to this Report in order to learn from the information described herein, and (c) agree not to disclose this Report to other employees or agents or any third party. Each partner shall use, and shall ensure that its employees and agents use, this Report for its internal use only. Each partner may make a limited number of copies, solely as adequate for use by its employees and agents in accordance with the terms herein.
- Each partner shall not remove from this Report any confidential markings, copyright notices, and/or other similar indicia herein.
- Each partner is responsible for any breach of its obligations as stated herein by any of its employees or agents.
- If a partner is unwilling to abide by any of the foregoing obligations, then such partner shall promptly return this Report and all copies thereof to EAB.



202-747-1000 | eab.com

🖸 @eab 💼 @eab\_ 🚺 @WeAreEAB

**@**eab.life

### **ABOUT EAB**

At EAB, our mission is to make education smarter and our communities stronger. We work with thousands of institutions to drive transformative change through data-driven insights and best-in-class capabilities. From kindergarten to college to career, EAB partners with leaders and practitioners to accelerate progress and drive results across five major areas: enrollment, student success, institutional strategy, data analytics, and diversity, equity, and inclusion (DEI). We work with each partner differently, tailoring our portfolio of research, technology, and marketing and enrollment solutions to meet the unique needs of every leadership team, as well as the students and employees they serve. Learn more at eab.com.